

The Valley Hospital & The Valley Health System
2016 WISH LIST

Infant and Toddler Donations:

- Soft, Vinyl Books
- Sippy cups, bottles
- Light-up and musical toys
- Shatter -Proof Crib Mirror
- Blocks
- Puppets
- Nightlights

Pre-School Age:

- Magnadoodles/Drawing Pads
- Light up and Musical Toys
- Toy Musical Instruments
- Seek-and-Find Books (soft, vinyl or plastic)
- Toy Cars
- Board Games
- Puppets
- Action Figures
- Nightlights
- Large Crayons

School -Age/ Adolescent

Donations:

- Nightlights
- Playing Cards
- Board Games
- Keepsake box (wooden or plastic)
- Journals
- Gift Cards
- Scrapbook kits
- Shatter- proof mirrors /locker mirrors
- Nail polish, lip gloss (non-toxic)
- Advanced Art Kit
- Hand-held electronic games (20 Questions, etc.)
- Colorful socks, slippers
- Hair Accessories

Thank you!

**All donations must be brand new. Donations will be distributed throughout
The Valley Health System.**

For questions or clarification, please contact:
Katie Miller, Supervisor of Community Projects, at 201-447-8138
or kmarave@valleyhealth.com

Do It Yourself Donations

The below suggestions are those that can be made at home. Each suggestion involves 5 or less materials and a maximum of 5 steps:

- Wish dolls (made of wooden or plastic clothes pins and yarn)
- No Sew Fleece Blankets (Adult and Pediatric)- *see below for*

instructions

- Super hero badge or cape
- Get Well Cards

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No Sew Fleece Blanket

Materials needed:

- Fabric needs to be at least 40 inches or wider (most are 54 inches)
Baby/Toddler - 1 to 1 1/2 yards (in both fabrics)
Child - 1 3/4 yards (in both fabrics)
Teen/Adult - 2 yards (in both fabrics)
Feel free to make your blanket (s) bigger for taller or bigger people

Things you need:

- Two pieces of fleece the same size. Piece may be the same pattern, two different patterns, two plain colors or a pattern on one side and a plain color on the other.
Scissors (sharp ones)
Tape measure or ruler
one 4" x 4" piece of paper

No sew fleece blanket instructions:

1. Take your two pieces of fleece. Put one piece on top of the other lining up the edges so they are even. (one side will be the front and the other side will be the back of your blanket)
2. Trim off any selvage around the edges of your fleece (try not to cut in more than 2 inches) * Remember you need to try to cut straight, but it doesn't have to be.
3. Take your piece of 4"x4" paper lay it on the corner of your blanket. Then cut out the corner through both layers. Proceed to do this on all four corners.
4. Now you are ready to cut your fringes. Cut 4 inches into both fleeces at 1" wide. I found it easier to lay a tape measure across from the corner of the cut out corner to the other.
5. Your fringes don't need to be 1" exactly, just try to keep them the same size.(You don't want to have one fringe 1" and the next one 2".)
Proceed to cut 1" intervals on all four sides.
6. Starting on one side tie over hand knots (using one fringe from each fleece.) Tie these knots on every other fringe around the entire blanket.
7. Then flip the whole blanket over and tie the remaining knots until your blanket is complete. (This helps your knotted ends look perfect)
8. Some prefer to only tie one knot, but I like to double knot them. This helps them from coming untied especially in the wash.



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