



Primary & Urgent Care

Valley Medical Group
– Wayne Center 759
Hamburg Turnpike
Wayne, NJ 07470
973-709-0099

Directions from Route 23: Take Alps Road exit (Wayne). (From Route 23 North: exit directly onto Alps Road. From Route 23 South: proceed to stop sign; make a RIGHT onto Alps Road.) Proceed approximately 2 miles to the traffic light at the intersection of Alps Road and Ratzer Road. Proceed 1 mile and make a LEFT onto Valley Road. Proceed ½ mile and make a RIGHT into the Ramapo Plaza (before the light on Hamburg turnpike). Valley Medical Group will be at the far end of the parking lot. Valley Medical Group is located in Ramapo Plaza; visible landmarks are Office Depot, McDonalds, Coldwell Banker, and a car wash.

Directions from Northern NJ via Garden State Parkway: Take the Garden State Parkway South to exit 159, Route 80 West. Proceed to Route 23 North. ***See directions from Route 23.**

Directions from Southern or Central NJ via Garden State Parkway: Take Garden State Parkway North to exit 153B (on left), marked Route 3 and 46, West Paterson. Take Route 3 to Route 46 West. Proceed to Route 23 North. ***See directions from Route 23.**

Directions from Western NJ: Take Route 46 East to Route 23 North. Or, take Route 80 East to exit 54 (Minnisink Road). Turn RIGHT to access Route 46 West. Proceed to Route 23 North. ***See directions from Route 23.**

Directions from NYC via George Washington Bridge or Lincoln Tunnel, or from Eastern NJ: Take either Route 46 West, 80 West, or 3 West. Proceed to Route 23 North. ***See directions from Route 23.**

Directions from Route 208: Take Ewing Avenue/Franklin Lakes exit. (From 208 North: proceed to stop sign; make a LEFT onto Ewing. From 208 South: proceed to stop sign; make a RIGHT onto Ewing.) Proceed to end of Ewing Avenue. Turn LEFT onto High Mountain Road. Continue approximately 1 mile to fork. Take RIGHT fork onto Belmont Avenue and proceed approximately two miles to second traffic light. Turn RIGHT onto Pompton Road. Continue onto Pompton Road; at light, make a RIGHT onto Hamburg Turnpike. Travel approximately 1.5 miles and, at the light, make a LEFT onto Hinchman Ave. After passing the car wash, make a RIGHT into Ramapo Plaza. Valley Medical Group will be on your right side.

Directions from The Valley Hospital: Start out going south on North Van Dien Avenue toward Linwood Avenue. Turn LEFT onto N Maple Avenue/CR-507. Continue to follow N Maple Avenue, and turn RIGHT onto Wagaraw Road (Wagaraw Road becomes Goffle Road, and then Goffle Road becomes E Main Street). Turn RIGHT onto N 6th Street. Turn RIGHT

onto Haledon Avenue (Haledon Avenue becomes Pompton Road). Turn RIGHT onto Hamburg Turnpike. 759 Hamburg Turnpike is just past Hinchman Avenue. If you reach Valley Road, you've gone about 0.1 miles too far.

Directions from The Kraft Center: On W Century Road, turn LEFT. Continue onto Century Road Extension and continue onto Fair Lawn Avenue approximately 2 miles. Turn RIGHT onto River Road. Continue onto Wagaraw Road, which turns into Goffle Road. Turn RIGHT onto N 6th Street, and travel 0.5 miles and turn RIGHT onto N 6th Street. Turn RIGHT onto Haledon Avenue (Haledon Avenue becomes Pompton Road). Turn RIGHT onto Hamburg Turnpike. 759 Hamburg Turnpike is just past Hinchman Avenue.

Directions from The Luckow Pavilion: From Winters Avenue, follow signs to 17 South. Turn RIGHT onto Century Road. Continue onto Century Road Extension and continue onto Fair Lawn Ave approximately 2 miles. Turn RIGHT onto River Road. Continue onto Wagaraw Road, which turns into Goffle Road. Turn RIGHT onto N 6th Street, and travel 0.5 miles and turn RIGHT onto N 6th Street. Turn RIGHT onto Haledon Avenue (Haledon Avenue becomes Pompton Road). Turn RIGHT onto Hamburg Turnpike. 759 Hamburg Turnpike is just past Hinchman Avenue.

Public Transportation: NJ Transit 197 and 744. For further information on bus service, go to www.njtransit.com Valley Medical Group is located in Ramapo Plaza; visible landmarks are Office Depot, McDonalds, Coldwell Banker, and a car wash.