



*Primary & Urgent Care*

**Valley Medical Group –  
Dumont Center 40  
Washington Avenue  
Dumont, NJ 07628  
201-387-7055**

**Directions from Route 4:** Take Route 4 to Teaneck Road – Bergenfield Exit. Proceed north on Teaneck Road and continue through Teaneck. In Bergenfield, Teaneck Road becomes Washington Avenue. Continue through Bergenfield for approximately 6 miles. Turn left into the Stop & Shop Shopping Center. VMG is on the right.

**Directions from The Valley Hospital:** Take Ridgewood Avenue East to Oradell Avenue. (Ridgewood Avenue changes to Oradell Avenue as you cross over Route 17 past the Fashion Center.) Take Oradell Avenue to the end. This is the intersection of Oradell Avenue and Grant Avenue. Turn right onto Grant. The road will bend to the left. At this time the road changes names to Boulevard. Take the Boulevard to the 3rd traffic light. This is the intersection of Boulevard and Madison Avenue. Turn left onto Madison Avenue. Take Madison Avenue to Washington Avenue. Approximately 3-4 traffic lights. Turn right onto Washington Avenue. VMG is located in the Stop & Shop Shopping Center, approximately 1 mile up on the right-hand side.

**Directions from The Kraft Center:** Take Route 17 South to the Midland Avenue-River Edge exit. Take Midland Avenue to the end. This is the intersection of Midland Avenue and Kinderkamack Road. Turn left onto Kinderkamack Road. Take this to the first traffic light. At this light, you will bear left in front of Critchley’s Candy Store. Follow the bend in the road. This puts you on New Milford Avenue. Take New Milford Avenue to the end. This is the intersection of New Milford Avenue and River Road. Turn left onto River Road. Take River Road to the first traffic light. This is the intersection of River Road and Madison Avenue. Turn right onto Madison Avenue. Take Madison Avenue to Washington Avenue. Approximately 4-5 traffic lights. Turn right onto Washington Avenue. VMG is located in the Stop & Shop Shopping Center, approximately 1 mile up on the right-hand side.

**Directions from The Luckow Pavilion:** Turn right onto Ridgewood Avenue. Ridgewood Avenue turns into Oradell Avenue. Take Oradell Avenue to the end. This is the intersection of Oradell Avenue and Grant Avenue. Turn right onto Grant. The road will bend to the left. At this time the road changes names to Boulevard. Take the Boulevard to the 3rd traffic light. This is the intersection of Boulevard and Madison Avenue. Turn left onto Madison Avenue. Take Madison Avenue to Washington Avenue. Approximately 3-4 traffic lights. Turn right onto Washington Avenue. VMG is located in the Stop & Shop Shopping Center, approximately 1 mile up on the right-hand side.

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