

The Valley Health System

Pediatric Wish List

Thank you for thinking of Valley!
All donated items must be brand new.

VHS cannot accept donations that contain:

MAGNETS

SHARP OR SMALL ITEMS

NICU

- Uber gift cards for parent transportation
- Gas gift cards
- Shoprite gift cards
- Amazon or Buy Buy Baby gift cards (for feeding supplies)
- breast milk bags (any type)
- baby books
- photo albums or scrapbooks for milestones
- new or gently used double zip
- PJ's or onesies (Size Premie or Newborn)

Infant and Toddler:

- soft, vinyl books
- light-up and musical toys
- shatter-proof crib mirror
- crib toys
- blocks
- puppets
- stacking toys
- Sorting toys
- board books
- sensory toys
- DUPLO sets
- puzzles

Pre-School Age:

- play-medical kits
- “Water Wow”
- markers, jumbo crayons, paints
- sensory poppers
- “Sticker by Number”
- Magnadoodles
- drawing pads
- light up and musical toys
- toy musical instruments
- seek-and-find books (soft, vinyl or plastic)
- toy cars
- dolls, figurines
- board games
- puppets
- action figures
- shatter- proof mirrors /locker mirrors
- advanced art kit
- colorful socks, slippers
- hair accessories
- arts & crafts kits
- paint sets
- washable tempera paint
- paint brushes
- puzzles
- play-doh and play doh sets, play doh toys

- LEGO sets
- Model Magic

School -Age/ Adolescent:

- **High Priority: Gift Cards**
- kinetic sand
- sensory poppers
- “Sticker by Number”
- keepsake box (wooden or plastic)
- journals
- scrapbook kit
- colored pencils
- sketch books
- sketching puzzles
- arts & crafts kits
- packages of construction paper
- mandala coloring books
- playing cards
- board games
- UNO cards
- puzzles
- LEGO sets
- stress balls
- sensory toys
- lip balm/gloss
- nailpolish (non-toxic)
- phone chargers
- hairbrushes
- pajama bottoms/pants
- socks

Do It Yourself Donations

The below suggestions are those that can be made at home. Each suggestion involves 5 or less materials and a maximum of 5 steps:

- **No Sew Fleece Blankets (Adult and Pediatric)- *see below for instructions***
- **Super hero badge or cape**

No Sew Fleece Blanket

Materials needed:

- Fabric needs to be at least 40 inches or wider (most are 54 inches)
Baby/Toddler - 1 to 1 1/2 yards (in both fabrics)
Child - 1 3/4 yards (in both fabrics)
Teen/Adult - 2 yards (in both fabrics)
Feel free to make your blanket (s) bigger for taller or bigger people

Things you need:

- Two pieces of fleece the same size. Piece may be the same pattern, two different patterns, two plain colors or a pattern on one side and a plain color on the other.
Scissors (sharp ones)
Tape measure or ruler
one 4" x 4" piece of paper

No sew fleece blanket instructions:

1. Take your two pieces of fleece. Put one piece on top of the other lining up the edges so they are even. (one side will be the front and the other side will be the back of your

blanket)

2. Trim off any selvage around the edges of your fleece (try not to cut in more than 2 inches) * Remember you need to try to cut straight, but it doesn't have to be.
3. Take your piece of 4"x4" paper lay it on the corner of your blanket. Then cut out the corner through both layers. Proceed to do this on all four corners.
4. Now you are ready to cut your fringes. Cut 4 inches into both fleeces at 1" wide. I found it easier to lay a tape measure across from the corner of the cut out corner to the other.
5. Your fringes don't need to be 1" exactly, just try to keep them the same size.(You don't want to have one fringe 1" and the next one 2".)
Proceed to cut 1" intervals on all four sides.
6. Starting on one side tie over hand knots (using one fringe from each fleece.) Tie these knots on every other fringe around the entire blanket.
7. Then flip the whole blanket over and tie the remaining knots until your blanket is complete. (This helps your knotted ends look perfect)
8. Some prefer to only tie one knot, but I like to double knot them. This helps them from coming untied especially in the wash.