

Dear Patient and Family:

Thank you for choosing The Valley Health System for your surgical needs.

A few important items need your attention:

- You may be required to have lab work, an EKG and a medical consultation (a physical exam by your primary care physician or specialist). If you have been instructed to have this testing, please call **201-634-5315** Monday through Friday between 8 a.m. and 4:30 p.m. to make an appointment for your pre-admission testing. These results will be shared with your primary care physician. If you leave a message, please be assured someone will return your call at the number you indicate.
- If you are having a medical consultation, please have your physician send the consultation note to your surgeon and to the Pre-Surgical Screening Department (fax **866-616-1891**). Results should be received 48 hours prior to your date of surgery to avoid cancellation of your procedure.
- Please confirm with your insurance company if any precertification / preauthorization is required from your insurance carrier. Precertification / preauthorization numbers should be provided before your date of surgery to avoid unnecessary charges billed to you.
- Prior to your surgery date, you will be contacted by a Registrar to review your demographic and insurance information.
- If you do not require pre-admission testing, you will also be contacted by a Valley Hospital Nurse to review your medical history.
- On the afternoon before your surgery, you will receive an automated phone call to confirm your arrival time. If this call does not come through or your message is not clear, you may call **201-447-8350** *after 6 p.m.* the night before your surgery.
- Please make arrangements to have a **responsible adult age 18 years or older drive you home**. A taxi driver does not meet these criteria unless you are also accompanied by a friend or family member. You should have a responsible person stay with you the first 24 hours.

Pre-operative instructions can be reviewed by calling **201-634-5737** or by clicking [here](#).

Please click [here](#) for important information regarding insurance and preparing for your procedure.

If you have any questions about your upcoming surgery and would like to speak with a Registered Nurse, please call our nursing line **201-634-5678**.

We look forward to serving your needs and providing you with a safe and pleasant experience.