



The Snyder Center for
**Comprehensive
Atrial Fibrillation**

Dedicated to the effective treatment and management of atrial fibrillation through comprehensive, team-based clinical care and research

Atrial Fibrillation (AF or AFib) is the most common irregular or abnormal heart rhythm disorder, affecting more than 3 million Americans today. Thankfully, more options to treat atrial fibrillation are available now than ever before.

Join us for our free educational seminar series in September, Atrial Fibrillation Awareness Month, to learn more about atrial fibrillation and what the Snyder Center can do for you!

Wednesday, September 4, with Dr. Advay Bhatt at 6:30 p.m. at 1578 Rt. 23N, Wayne
How monitoring your rhythm is done, both in the physician's office and at home.

Wednesday, September 11, with Dr. Suneet Mittal and Dr. Sean Wilson at 11 a.m. at The Valley Center for Health and Wellness, 1400 MacArthur Boulevard, Mahwah
Do you need an alternative to blood thinners? Learn more about Watchman™, a life-changing procedure for patients with atrial fibrillation.

Thursday, September 12, with Dr. Tina Sichrovsky at 6:30 p.m. at The Valley Hospital, 223 N. Van Dien Avenue, Ridgewood
Which treatments keep you out of atrial fibrillation and in a normal rhythm?

Tuesday, September 17, with Dr. Dan Musat and Yoga Instructor Charlotte Stone at 6:30 p.m. at The Valley Center for Health and Wellness, 1400 MacArthur Boulevard, Mahwah
How to reduce your risk of stroke when you are in atrial fibrillation.

Wednesday, September 25, with Dr. Mark Preminger and Suzanne Pearson, RPSGH, RST, CCSH, at 6:30 p.m. at The Valley Hospital, 223 N. Van Dien Avenue, Ridgewood
Treating your risk factors for atrial fibrillation.

**Please call Jeannean Hernandez at 201-447-8392
to RSVP for each program you plan to attend.**