

Dear Doctor _____,

Our mutual patient, _____, is scheduled for _____ surgery at the Valley Hospital on _____.

I have asked this patient to call you for **medical consultation** prior to the procedure.

A medical consult noting the patient is optimized for surgery, plus the results of all testing done is required at least 48 hours in advance of surgery for the anesthesiologist's review. Please refer to the lab requirements key below. A prescription is NOT an acceptable legal form of a medical consult.

You can either dictate directly to the Valley System STAT line at 201-447-8699 or fax your medical consult directly to the Pre-surgical Screening Department. Please make certain the required testing results get faxed to Valley Hospital at 866-616-1891 as these are positively required for surgery.

If box is checked, please *also* send copies to my office fax _____

Thank you for your help in preparing this patient for surgery.

Sincerely,

ASA CLASSIFICATION REQUIREMENTS FOR PATIENTS:

Class I less than 50 years old, non-smoking or light smoker, no medications, no history of disease:

No testing required.

Class I between 50 and 65 years old, not yet 65 years old:

HBG, BUN, CR, GLU, UA, EKG

Class II one mild medical issue, or on any medication other than the exceptions noted in Class I

CBC, CMP, UA; EKG if indicated by a relevant medical history referable to the heart

Class II under 50 years old shall require an **EKG** if indicated by the presence of a relevant medical history referable to the heart; i.e., hypertension, cardiac meds, cardiac Hx., etc.

Patients 65 years old and over, Class III, IV, and V:

CBC, CMP, UA EKG and require a medical evaluation to ensure optimization for anesthesia and surgery. **A prescription is NOT an acceptable legal form of a medical consult.**

Appropriate specialty consultation, where deemed necessary is *also* required,

i.e., patients with issues such as: pain management, insulin pumps, pacemakers, etc.

BLOOD THINNERS

Patients should ideally be off aspirin/aspirin products and blood thinners for a week prior to surgery, but only after consulting with their PCP and surgeon, plus their cardiologist if cardiac indications.

If a PT/INR lab test is indicated, please evaluate when the patient is *off* Coumadin for the prescribed amount of time.

- Blood tests valid for 1 month
- EKG valid for 6 months
- Chest X-ray within 6 months for *unstable* chronic pulmonary disease