



15 Essex Road, Suite 301
 Paramus NJ 07652
 201-291-6000

DIABETES SELF-MANAGEMENT CLASSES
2019

Session 1	Wednesday, February 13	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 2	Wednesday, February 20	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 3	Wednesday, February 27	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 4	Wednesday, March 6	7-9 PM	Kraft 1 st Floor, Conference Room 1

Session 1	Wednesday, May 15	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 2	Wednesday, May 22	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 3	Wednesday, May 29	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 4	Wednesday, June 5	7-9 PM	Kraft 1 st Floor, Conference Room 1

Session 1	Wednesday, September 11	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 2	Wednesday, September 18	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 3	Wednesday, September 25	7-9 PM	Kraft 1 st Floor, Conference Room 1
Session 4	Wednesday, October 2	7-9 PM	Kraft 1 st Floor, Conference Room 1

Session 1	Wednesday, November 13	10 AM-12 PM	Kraft 1 st Floor, Conference Room 1
Session 2	Wednesday, November 20	10 AM-12 PM	Kraft 1 st Floor, Conference Room 1
Session 3	Wednesday, December 4	10 AM-12 PM	Kraft 1 st Floor, Conference Room 1
Session 4	Wednesday, December 11	10 AM-12 PM	Kraft 1 st Floor, Conference Room 1

Valley Home Care is a Medicare participating provider and has contracts with Aetna, Horizon Blue Cross, Oxford, United Health Care and Valley Health System insurance for our Diabetes Self-Management classes. In some cases, preauthorization and co-pays are required and is not a guarantee of payment.

NOTE: Depending on your insurance carrier and based on your benefit and policy limitations, you may be billed for any or all non-covered services or balances.