

The Center for Comprehensive Heart Failure Care

201-447-8018

Supporting Patients with Personalized Heart Failure Management

At The Valley Hospital's Center for Comprehensive Heart Failure Care, patients receive the most up-to-date management strategies for their heart failure symptoms. Our goal is to keep patients symptom-free and reduce their risk for future hospitalizations due to heart failure.

Our team – led by Valley heart failure specialist, Dr. Kariann Abbate – develops personalized heart failure treatment plans specific to each patient.

At each scheduled appointment, patients can expect:

- Vital signs and weight monitoring
- Baseline lab work
- Home medication review
- Physical exam by a nurse practitioner
- Lifestyle modification education by heart failure certified RNs
- IV diuretics given (if needed) to alleviate symptoms of shortness of breath or swelling that may lead to hospitalization if not treated
- Options for advanced heart failure therapies

Working Together for Optimal Patient Care

The Center for Comprehensive Heart Failure Care – endorsed by all Valley Medical Group cardiology practices – works collaboratively with patients' cardiologists to ensure that they receive the highest-quality care. Primary care providers or cardiologists may refer patients to the program, or patients can self-refer if they have a diagnosis of heart failure, pulmonary hypertension or amyloidosis.

Make an Appointment Today

The Center for Heart Failure Care is located at The Valley Hospital, 223 North Van Dien Ave., Ridgewood, NJ. Please call us at 201-447-8018 Monday through Friday, 8:30 a.m. to 5 p.m., to make an appointment.

