

# Fertility Center

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## SEMEN COLLECTION INSTRUCTIONS FOR SEMEN ANALYSIS AND SPERM WASH FOR IUI

All semen analysis tests and sperm washes for insemination must be pre-scheduled. To schedule, please call the Andrology Laboratory at 201-634-5527.

***Please bring your insurance card and current photo identification.***

***You will need to present these at the time of your appointment.***

***If your partner brings your sample, we require photo identification for you both.***

If your partner is undergoing an IUI treatment cycle at the Fertility Center, the nurse will relay the instructions to you and/or your partner. ***Non-Fertility Center patients must provide a prescription from referring physicians with a diagnosis code.***

### INSTRUCTIONS FOR COLLECTION:

It is very important that you follow these instructions to avoid unnecessary repeating of test. Please refrain from ejaculating for two to five days prior to collection of specimen.

If collecting at home:

- The sample must be collected in a sterile container. Collection kits are available from our office.
- Because semen specimens can become contaminated with skin bacteria during collection, we recommend that you shower before collecting your specimen. Please, do not use lotion, talcum or baby powder after showering.
- *Special mineral oil, provided in the collection kits, is the only lubricant that should be used for sperm collection.* (Other lubricants, including soaps and saliva, may compromise the quality of the sample.)
- A completed *Semen Collection Record* must accompany the specimen.
- Please be sure to label the specimen container with the following information:
  - Your full name
  - Your date of birth
  - Your partner's full name
  - Your partner's date of birth
  - Date and time of collection
- It is important that you collect the entire ejaculate in the specimen container. If any of the ejaculate, including the first portion, is missed the analysis may be inaccurate.
- Please bring your specimen within 1 hour of collection. We recommend carrying the container in an inside pocket next to your body to maintain the specimen at body temperature.
- You will meet with an Andrologist, who will accept your specimen, after they have completed an identification process.
- **Patient and intimate partner must sign the semen collection form, if your intimate partner is dropping off your specimen.**

If you choose to collect your specimen at the Fertility Center, a private collection room is available.

Semen analysis results will be available in three to five days.

***Non-Fertility Center patients – please contact your referring physician for results.***