# Valley-Mount Sinai Children's Symposium

# Feeding Our Kids: Food, Fads, and the Future

### AGENDA

**Registration and Gourmet Breakfast |** 7:30 a.m.

Introductions | 8 a.m.

**Changing Epidemiology of Food Allergy** | Kate Welch, MD | 8:05 a.m.

Keynote Address: The Infant Formula Crisis - What Happened and What's Next? | Russell Merritt, MD, PhD, FAAP | 8:20 a.m.

**Strategies to Prevent Food Allergies in Children |** Jacob Kattan, MD | 9 a.m.

**Q&A Session** | Kate Welch, MD; Russell Merritt, MD, PhD; and Jacob Kattan, MD | 9:30 a.m.

**Medical Management of Obesity** | Indrajit Majumdar, MD | 9:40 a.m.

**Bariatric Surgery in Adolescents |** Brian Coakley, MD | 10:10 a.m.

**Q&A Session** | Indrajit Majumdar, MD, and Brian Coakley, MD | 10:30 a.m.

Coffee Break | 10:40 a.m.

**Breastfeeding in the 21st Century** | Suzanne Bussetti, RN, MSN, CPNP, IBCLC | 11 a.m.

**Developing Sustainable Food Systems |** Thibaut Fagonde, BA | 11:20 a.m.

**Medical Diet vs. Fad Diets: Risks and Benefits** | J. Antonio Quiros, MD, DHA |11:40 a.m.

**The ABCs and TTGs of Celiac Disease** | Marissa Stahl, MD| 12:20 p.m.

**Q&A Session** | Suzanne Bussetti, RN, MSN, CPNP, IBCLC; Thibaut Fagonde, BA; J. Antonio Quiros, MD, DHA; and Marissa Stahl, MD | 12:50 p.m.

Closing Remarks | 1 p.m.



## **COURSE DIRECTOR**

#### J. Antonio Quiros, MD, DHA, FAAP, FACG

Chair, Children's Services, Valley Medical Group Clinical Professor of Pediatrics, The Icahn School of Medicine, Mount Sinai Division of Pediatric Gastroenterology and Nutrition, Mount Sinai Kravis Children's Hospital

## FACULTY

#### Russell Merritt, MD, PhD, FAAP

Founding Medical Director, Intestinal Rehabilitation Program, Children's Hospital Los Angeles Adjunct Clinical Professor of Pediatrics, Keck Medical School, University of Southern California Los Angeles, CA

#### Jacob Kattan, MD

Assistant Professor of Pediatrics, Icahn School of Medicine, Mount Sinai Faculty, Jaffe Food Allergy Institute, Valley-Mount Sinai Children Services Paramus, NJ

#### Kate Welch, MD

Assistant Professor of Pediatrics, Icahn School of Medicine, Mount Sinai Faculty, Jaffe Food Allergy Institute, Valley-Mount Sinai Children Services New York, NY

#### Indrajit Majumdar, MD

Clinical Associate Professor, Icahn School of Medicine, Mount Sinai Medical Director, Pediatric Bariatric Surgery Program, Mount Sinai Kravis Children's Hospital Medical Director, Pediatric Endocrinology, Valley Medical Group Paramus, NJ



Kravis Children's Hospital

#### Brian Coakley, MD

Associate Professor of Surgery and Pediatrics, The Icahn School of Medicine, Mount Sinai Surgical Director, Pediatric Bariatric Surgery Program, Mount Sinai Kravis Children's Hospital New York, NY

#### Thibaut Fagonde, BA

Documentary Film Maker Consultant, School Food Programs Region de Midi-Pyrenees (Occitanie) Valcabrere, France

#### Suzanne Bussetti, RN, MSN, CPNP, IBCLC

Certified Breastfeeding Educator, Valley-Mount Sinai Children Services Montvale, NJ

#### Marissa Stahl, MD

Assistant Professor of Pediatrics, University of Colorado School of Medicine Director of Research, Colorado Center for Celiac Disease, Digestive Health Institute, Children's Hospital Colorado Denver, CO