HEALTHCARE

GAME-CHANGERS

THE VALLEY HOSPITAL BREAST CENTER

TEAM APPROACH YIELDS OPTIMAL BREAST CANCER CARE

A COLLECTIVE INTERVIEW WITH (LEFT TO RIGHT):

Breast Surgeon Moira Christoudias, M.D.; Head, Breast Medical Oncology, and Medical Oncologist Eleonora Teplinsky, M.D.; Director and Breast Surgeon Laura Klein, M.D.; and Medical Oncologist Amanda Podolski, M.D.

Valley provides the full spectrum of breast health services, from diagnosis and treatment to survivorship. At every step, patients and families receive the support they need to understand and navigate the complexity of a cancer diagnosis and treatment.

How is Care Provided at The Valley Hospital Breast Center?

At Valley we practice a team approach. From the moment you are diagnosed, you will be cared for by a team of breast cancer specialists who collaborate closely on every aspect of your treatment.

The team consists of breast surgeons, medical oncologists, radiation oncologists, and advanced practice providers. The team will recommend a detailed and personalized treatment plan. A navigation team will guide you throughout your treatment, including but not limited to help with appointment scheduling, financial advocacy and connecting you with cancer support services.

Can You Share Two Areas of Expertise?

Our team has expertise in treating complex and rare breast cancers, including triple negative and metastatic breast cancer. We also specialize in treating cancers in young women.



We understand that young women with breast cancer may face additional challenges during treatment, including fertility preservation and pregnancy concerns.

Why Should Someone Choose Valley for Breast Cancer Care?

First and foremost, we will see you quickly. Most people diagnosed with breast cancer start with a visit to a breast surgeon. Our breast surgeons will see you within 1 to 3 days of your call.

It's also important for patients to know that our surgeons offer advanced surgical methods for breast conservation using oncoplastic techniques. (Oncoplastic techniques combine traditional cancer surgery with plastic surgery techniques.) If mastectomy is necessary, we offer a minimally invasive approach to nipple and skin-sparing mastectomies. Other points of differentiation include clinical trials and genomic counseling.





COMPREHENSIVE CANCER CARE

BREAST CENTER | WWW.VALLEYHEALTH.COM/BREASTCANCER APPOINTMENTS & INFORMATION: 201.634.5557 THE LUCKOW PAVILION, 1 VALLEY HEALTH PLAZA, PARAMUS, NJ 07652



