



# NO-SEW SEWING CIRCLE

## WRAP A YOUNG PATIENT IN LOVE

The Valley Hospital Auxiliary Central Board would like your support for an ongoing new project! Join the **No-Sew Sewing Circle** and create a warm, cuddly fleece blanket. NO sewing skills required—just your time, talent and support.

This project, initiated by the Franklin Lakes Branch, will provide young patients at the new Valley Hospital in Paramus with a loving hand-made gift from Auxiliary members.

The project is easy and can be completed at an Auxiliary meeting or at home.



- ✓ Individual members assemble and complete a two-sided fleece throw.
- ✓ No sewing necessary—assembly requires cutting fabric and tying knots to join the four sides.
- ✓ Detailed instructions will be provided. Barbara Mills (Co-Chair, Franklin Lakes Branch) is willing to help you get started or lead a group.
- ✓ Approximate cost for each blanket is \$10-15 depending on number of yards of fabric and sale price at time of purchase. Recommended yardage is 1½ yards for each piece; two pieces are needed for each blanket. Joann Fabrics has best selection.

Don't have the time but want to contribute? Your donation of \$15 or more will cover the expense of purchasing fabric and enable the **No-Sew Sewing Circle** to grow.



Please reply before March 31.

- ☐ I would like more information for my branch to participate.
- ☐ Please sign me up as an individual to make a blanket.
- ☐ I am unable to participate at this time, but please accept my tax-deductible donation of \$\_\_\_\_\_ to assist the program.

Name \_\_\_\_\_

Branch \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_



Return to Bonnie Dalal, Auxiliary Coordinator  
The Valley Hospital, 223 North Van Dien Avenue, Ridgewood NJ 07450  
or email Bonnie at [bdalal@valleyhealth.com](mailto:bdalal@valleyhealth.com) with your information.