

Valley-Mount Sinai Children's Symposium

Caring for the Chronically Ill Child

AGENDA

Endocrinology | 8 - 10 a.m.

Diabetes Care Overview, Insulin, Glucose Monitoring, and Diet | Paul Pelavin, MD

Pediatric Diabetes Care in 2026 and Beyond | Meredith Wilkes, MD

Type 2 Diabetes Management in Teens | Indrajit Majumdar, MD

Selected Controversies in the Diagnosis and Treatment of Growth Hormone Deficiency |

Robert Rapaport, MD

Q&A Session | Dr. Pelavin, Dr. Wilkes, Dr. Majumdar, and Dr. Rapaport

Coffee Break | 10 - 10:15 a.m.

Gastroenterology and Nutrition | 10:15 a.m. - 12:15 p.m.

Celiac Disease in 2026, the View From Scandinavia | Johanna Palmadottir, MD

Living Healthy With Inflammatory Bowel Disease | Lauren Dankner, MD

ARFID in Young Kids | Malka Sears, PhD

Long-Term Care Considerations for the Child With Food Allergies | Jacob Kattan, MD

Q&A Session | Dr. Palmadottir, Dr. Dankner, Dr. Sears, and Dr. Kattan

Lunch | 12:15 - 1 p.m.

Lungs, Brain, Blood, and Muscles | 1 - 3 p.m.

What is New in Pediatric Asthma | Laura Conrad, DO

Challenges With Long-Term Asthma Care | Wanda Choy, MD

The School Years and Transition to Adult Care for Children With Autism | Jennifer Cope, MD

Q&A Session | Dr. Conrad, Dr. Choy, and Dr. Cope

Coffee Break | 2 p.m.

Long-Term Care of Pediatric Cancer Survivors | Stephen Gilheeney, MD

Neuromuscular and Mobility Disorders in the Growing Child | Angela D'Alessandro, MD

The Severely Disabled Child Over the Ages | Kathryn Scharbach, MD

Q&A Session | Dr. Gilheeney, Dr. D'Alessandro, and Dr. Scharbach

Adjourn | 3 p.m.



CHILDREN'S HEALTH

Valley-Mount Sinai Children's Symposium

Caring for the Chronically Ill Child

FACULTY

Angela D'Alessandro, MD

Director, Pediatric Physiatry and
Rehabilitation Medicine,
Valley Medical Group

Laura Conrad, DO

Director, Pediatric Asthma Care Program and
Pediatric Bronchoscopy,
Valley-Mount Sinai Children's Health

Jennifer Cope, MD

Pediatric Neurology, Neurology Group of
Bergen County
Principal, Cope Center for Autism

Wanda Choy, MD

Medical Director, Pulmonary Medicine,
Valley Medical Group

Lauren Dankner, MD

Pediatric Gastroenterology,
Valley-Mount Sinai Children's Health
Clinical Professor, Pediatrics,
Icahn School of Medicine at Mount Sinai

Stephen Gilheeneey, MD, MMS

Pediatric Hematology and Oncology, Mount
Sinai Health System
Associate Professor, Pediatric Hematology-
Oncology, Icahn School of Medicine at
Mount Sinai

Jacob Kattan, MD

Pediatric Allergy and Immunology,
Valley-Mount Sinai Children's Health
Assistant Professor, Pediatrics,
Jaffe Food Allergy Institute,
Icahn School of Medicine at Mount Sinai

Malka Sears, PhD

Founder and Clinical Director,
Center for Evidence Based Psychology

Johanna Palmadottir, MD

Pediatric Gastroenterology and Nutrition,
Children's Hospital of the Ring
Reykjavik, Iceland

Paul Pelavin, MD

Pediatric Endocrinology,
Valley Medical Group

Robert Rapaport, MD

Pediatric Endocrinology, Mount Sinai Health System
Director, Growth Center, Mount Sinai Kravis Children's
Hospital
Emma Elizabeth Sullivan Professor, Pediatric
Endocrinology and Diabetes, Icahn School of Medicine at
Mount Sinai

Kathryn Scharbach, MD

Medical Director, Pediatric Visiting Doctors and Complex
Care Program
Assistant Professor, Pediatrics, Icahn School of Medicine at
Mount Sinai

Meredith Wilkes, MD

Pediatric Endocrinology, NYU-Langone Pediatric Diabetes
Center
Assistant Professor, Pediatrics, NYU Grossman School of
Medicine

COURSE DIRECTORS

J. Antonio Quiros, MD, DHA, FAAP, FACG

Chair, Children's Services, Valley-Mount Sinai
Children's Health
Director, Pediatric Therapeutic Endoscopy Program,
Mount Sinai Kravis Children's Hospital
Clinical Professor, Pediatrics, Icahn School of Medicine at
Mount Sinai

Indrajit Majumdar, MD

Medical Director, Pediatric Endocrinology,
Valley-Mount Sinai Children's Health
Medical Director, Pediatric Bariatric Surgery Program,
Mount Sinai Kravis Children's Hospital
Clinical Associate Professor, Pediatrics, Icahn School of
Medicine at Mount Sinai

