

Valley-Mount Sinai Children's Symposium

Caring for the Chronically Ill Child

AGENDA

Endocrinology | 8 - 10 a.m.

Diabetes Care Overview, Insulin, Glucose Monitoring, and Diet | Paul Pelavin, MD

Pediatric Diabetes Care in 2026 and Beyond | Meredith Wilkes, MD

Type 2 Diabetes Management in Teens | Indrajit Majumdar, MD

Selected Controversies in the Diagnosis and Treatment of Growth Hormone Deficiency | Robert Rapaport, MD

Q&A Session | Dr. Pelavin, Dr. Wilkes, Dr. Majumdar, and Dr. Rapaport

Coffee Break | 10 - 10:15 a.m.

Gastroenterology and Nutrition | 10:15 a.m. - 12:15 p.m.

Celiac Disease in 2026, the View From Scandinavia | Johanna Palmadottir, MD

Living Healthy With Inflammatory Bowel Disease | Lauren Dankner, MD

ARFID in Young Kids | Malka Sears, PhD

Long-Term Care Considerations for the Child With Food Allergies | Jacob Kattan, MD

Q&A Session | Dr. Palmadottir, Dr. Dankner, Dr. Sears, and Dr. Kattan

Lunch | 12:15 - 1 p.m.

Lungs, Brain, Blood, and Muscles | 1 - 3 p.m.

What is New in Pediatric Asthma | Laura Conrad, DO

Challenges With Long-Term Asthma Care | Wanda Choy, MD

The School Years and Transition to Adult Care for Children With Autism | Jennifer Cope, MD

Q&A Session | Dr. Conrad, Dr. Choy, and Dr. Cope

Coffee Break | 2 p.m.

Long-Term Care of Pediatric Cancer Survivors | Stephen Gilheeney, MD

Neuromuscular and Mobility Disorders in the Growing Child | Angela D'Alessandro, MD

The Severely Disabled Child Over the Ages | Kathryn Scharbach, MD

Q&A Session | Dr. Gilheeney, Dr. D'Alessandro, and Dr. Scharbach

Adjourn | 3 p.m.



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FACULTY

Angela D'Alessandro, MD

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Valley Medical Group

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Pediatric Neurology, Neurology Group of Bergen County
Principal, Cope Center for Autism

Wanda Choy, MD

Medical Director, Pulmonary Medicine,
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Lauren Dankner, MD

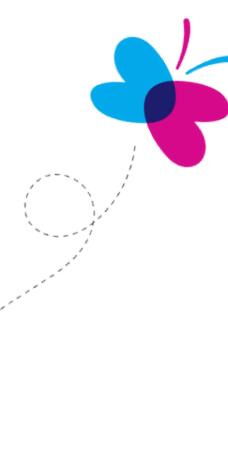
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Meredith Wilkes, MD

Pediatric Endocrinology, NYU-Langone Pediatric Diabetes Center
Assistant Professor, Pediatrics, NYU Grossman School of Medicine

COURSE DIRECTORS

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