



Center for the Advancement of Holistic Knowledge and Practice

Please check the Education Calendar, or flyers on unit to register in Synquest for upcoming classes.

If you have any questions regarding education offerings on holistic practice, please contact Mary Mazzer, RN, HN-BC at 201-447-8283.

We are pleased to announce the opening of the Center for Advancement of Holistic Knowledge and Practice. This center of learning and clinical excellence is the culmination of the creative talents of many members of the holistic practice community here at The Valley Hospital.

Over the coming months and years, we hope to provide opportunities to all members of the Valley Health System to learn more about holistic practice and self-care techniques. In addition, we will open our doors to other members of the healthcare community to learn more about holistic practice, specifically as it is being integrated at The Valley Hospital.

Mission Statement:

We, as compassionate holistic practitioners, are dedicated to the delivery of integrated care of the body/mind/spirit and to the co-creation of a healing environment.

We, as advocates for the advancement of holistic knowledge and practice, will serve as mentors to facilitate the growth of holistic education, evidence-based practice and research.

Goals of the Center

Consultation; Partnerships; Education; Research and Mentoring

Education and training opportunities available:

- *The "m" technique touch therapy for the hand
- *The "m" technique practitioner certification (full body)
- *Introduction to Clinical Aromatherapy
- *Reiki
- *Integrative Healing Arts Program
- *Bedside Harp Course
- *Meditation

Foundations of Holistic Practice and Care

Expand your knowledge base about the fundamentals of holistic theory and how it relates to your practice.

Module 1

Two-day Course

Thursday & Friday, February 19 and 20, 2009
Thursday & Friday, March 19 and 20, 2009
Wednesday & Thursday, April 15 and 16, 2009
Thursday & Friday, September 10 and 11, 2009
Wednesday & Thursday, October 21 and 22, 2009
Thursday & Friday, November 12 and 13, 2009

Kraft Center First Floor Room 1-1

Class hours: 0800-1630

Clinical Use of Essential Oils Two-day course

Wednesday, March 25, 2009

And

Wednesday, April 29, 2009

Clinical Education Classroom

Class hours: 0800-1630

There is a cost for the essential oils to be used in the class.

Cost may vary depending on oils used.

Full Body 'm' Technique Touch Therapy

Two-day Course

Friday and Saturday, May 1 & 2, 2009

Clinical Education Classroom

Class hours: 0800-1630

There is a fee for this class. Please call for information!

Reiki I

Saturday, March 28, 2009

Reiki II

Saturday, May 16, 2009

By Carol Maute, RN—Reiki Master

Cost \$25.00 for Valley Health System Employees

Clinical Education Classroom

Class hours: 0800-1630

Plus a new Reiki Share Group for Reiki Practitioners!

**Thursday, 7-9 PM, Clinical Education Classroom
To be held monthly, call for schedule!**

Upcoming 2010 Courses include:

Integrative Healing Arts Program

Aromatherapy for Healthcare Professionals

Full Body 'm' Technique Touch Therapy

Reiki Master Level